

# McCANN CHIROPRACTIC CENTER

Welcome

**Daniel J. McCann, D.C.**

*Practice Limited to  
the Treatment of  
Neuro-musculo-skeletal  
Conditions*

The doctor and staff of the McCann Chiropractic Center welcomes you and wants to provide you with the best care possible. We will conduct a thorough history and physical examination to decide if we can assist you. If your condition is one that will not respond to chiropractic care, you will not be accepted as a patient and referred to another health care provider.

## Patient Identification:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work: \_\_\_\_\_

*Spinal manipulation therapy*

OK to call there? Yes ( ) No ( )

Social Security Number: \_\_\_\_\_ Male ( ) Female ( )

Date of Birth: \_\_\_\_\_ Marital Status: Single ( ) Married ( )

Age: \_\_\_\_\_ Divorced ( ) Widow ( )

Height \_\_\_\_\_ Weight \_\_\_\_\_

Contact Name in Case of Emergency: ( Name) \_\_\_\_\_

*Adjunctive procedures*

Telephone # \_\_\_\_\_ Name of Parent/Guardian(if minor) \_\_\_\_\_

Is your condition due to a Work Injury or Auto Accident Yes ( ) No ( )

If yes please explain \_\_\_\_\_

## Acceptance as Patient:

*Spinal rehabilitation*

I understand and agree that McCann Chiropractic Center has the right to refuse to accept me as a patient at any time before treatment begins. The taking of a history and the conducting of a physical examination are not considered treatment, but are part of the process of gathering information so that the doctor can determine whether to accept me as a patient.

5 Brookwood Avenue  
Carlisle, PA 17013

voice 717-258-5834  
fax 717-258-4771  
email DMcCannDC@aol.com

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

*Integrating chiropractic and exercise  
rehabilitation for the treatment of  
neck and back pain.*

Patient name: \_\_\_\_\_

### CURRENT CONDITION:

What is your chief complaint or the main reason you have presented to the office? \_\_\_\_\_

When did it begin? \_\_\_\_\_

Have you seen any other physician for this complaint? If so, who and when \_\_\_\_\_

Has the condition disabled you from work? \_\_\_\_\_ If so, give dates \_\_\_\_\_

What have you tried to help you with the pain? \_\_\_\_\_

Has it helped? \_\_\_\_\_

On a scale of 1-10, place an X in your current pain level you are feeling right now:

NORMAL	LOW PAIN	MODERATE PAIN	INTENSE PAIN	EMERGENCY
( ) 0	( ) 1	( ) 4	( ) 7	( ) 10
	( ) 2	( ) 5	( ) 8	
	( ) 3	( ) 6	( ) 9	

On that same scale, how would your pain rate when it is at its worst (use a number) \_\_\_\_\_

On that same scale, how would you rate your **average** pain level: (use a number) \_\_\_\_\_

### HEALTH HISTORY:

Have you experienced any of the following symptoms:

1. Unexplained weight loss ( ) Yes ( ) No \_\_\_\_\_
2. Pain/difficulty or lack of control of bladder or bowel function ( ) Yes ( ) No \_\_\_\_\_
3. Diagnosed with cancer ( ) Yes ( ) No : If yes what kind \_\_\_\_\_
4. Had a recent infection/ fever (last 3 months) ( ) Yes ( ) No \_\_\_\_\_
5. Have been diagnosed with lupus, rheumatoid arthritis, osteoporosis, osteoarthritis or gout ( ) Yes ( ) No \_\_\_\_\_
6. Increased night pain , not relieved with rest ( ) Yes ( ) No \_\_\_\_\_
7. Have you been diagnosed with high blood pressure, cardiovascular disease or had a stroke? ( ) Yes ( ) No \_\_\_\_\_
8. Have you been diagnosed with diabetes ? ( ) Yes ( ) No \_\_\_\_\_

Additional Comments (Do not complete: For the Doctor) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_

Signature \_\_\_\_\_

Patient Name: \_\_\_\_\_

### Medical Testing:

1. Have you had any diagnostic work done for this condition (MRI, CAT Scan, xray, blood work, nerve conduction, etc.)  Yes  No If yes, please list the procedure and dates:

\_\_\_\_\_  
\_\_\_\_\_

2. Are you currently taking any medication, prescription or over the counter (Tylenol, Advil) vitamin supplement or herbs?  Yes  No If yes please list \_\_\_\_\_

\_\_\_\_\_

3. Please list any operations that you have had: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4. Is acceptable to send copies of your reports/ findings if necessary to your family physician?  Yes  No If yes, please list you family doctor \_\_\_\_\_

### Family History

1. Please list any significant health conditions of your immediate family (i.e. diabetes, heart attack, cancer etc.) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### General Health

1. Do you smoke or chew tobacco?  Yes  No If yes, how much \_\_\_\_\_
2. Do you use alcohol?  Yes  No If yes, how much \_\_\_\_\_
3. Which of the following describes your diet?  good  average  poor \_\_\_\_\_
4. Do you have a pacemaker, transplanted organ or metal implant?  Yes  No \_\_\_\_\_
5. For female patients, is there any chance that you may be pregnant?  Yes  No \_\_\_\_\_

**Insurance Information:**

Patient Name: \_\_\_\_\_ Spouse Name: \_\_\_\_\_

Patient SS#: \_\_\_\_\_ Spouse SS#: \_\_\_\_\_

Patient employer: \_\_\_\_\_ Spouse Employer: \_\_\_\_\_

Billing: ( ) Cash ( ) Medicare ( ) Workers Compensation ( ) Auto

Insurance: ( ) Blue Cross/Blue Shield ( ) Physicians Care ( ) Penn State/Geisenger

( ) Other \_\_\_\_\_ Spouse Date of Birth - \_\_\_\_\_

How were you referred to the office: ( ) Sprint Yellow Pages ( ) Friend \_\_\_\_\_

( ) Sign/Location ( ) Medical doctor/ Health Care Professional \_\_\_\_\_

( ) Other \_\_\_\_\_

**Type of care :**

Why chiropractic? People choose chiropractors for a variety of reasons. Some go for symptomatic relief of pain or discomfort (RELIEF CARE). Others are interested in having the cause of their problems as well as the symptoms corrected and relieved (CORRECTIVE CARE). Still others want whatever is malfunctioning in their bodies brought to the highest state of health possible with chiropractic care (PREVENTATIVE CARE). These are the three phases of care. The doctor will weigh your needs and desires when recommending your schedule of care. However, the prepared recommendation is an incorporation of all three phases.

Please check the type of care desired so that we may be guided by your wishes:

( ) RELIEF CARE ( ) CORRECTIVE CARE ( ) PREVENTATIVE CARE

( ) Check here if you want the doctor to select the most appropriate care for you.

\_\_\_\_\_  
\_\_\_\_\_

The staff of the McCann Chiropractic Center will do everything it can to help with the reimbursement for the services provided including: verifying your coverage and submitting the forms for you. Please understand that no insurance attempts to cover all costs. It is your responsibility to pay any deductible or copayment not covered by your policy. I agree to authorize the release of my medical records necessary on my behalf for insurance reimbursement.

I understand that I am personally responsible to give to the doctor any payment made directly to me, for whatever reason, if payment is not made to the doctor instead. If I suspend or terminate care at this office, any outstanding charges for professional services will be immediately due and payable. In addition, I will be responsible to pay any legal fees necessary for any account balance delinquency on my behalf.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# INFORMED CONSENT

After reviewing your health history, the Doctor will examine you and may require other diagnostic tests, such as X-rays, MRI or Lab tests, to make an accurate diagnosis and treatment plan. The Doctor will select a treatment plan which best suits your needs. You will be informed of all alternative treatments available to you. Occasionally the plan may have to be altered during treatment, due to unexpected changes. We encourage you to ask the Doctor any questions you may have so you fully understand your condition.

At this time, we would like to inform you of the risks that may occur from Chiropractic treatment. They are as follows: muscle soreness and irritation, headache, pain, muscle spasm and stiffness. In rare instances, dizziness and/or nausea may occur.

If there is anything you do not understand, please discuss it with the Doctor before signing the statement below.

*I certify the information I provided for the health history is true and factual to the best of my knowledge. I understand the office policy and the risks of chiropractic treatment, which were supplied in the statement above. Any additional information which may occur will be supplied to you. I hereby consent to chiropractic treatment.*

\_\_\_\_\_  
(Patient's Signature)

\_\_\_\_\_  
(Date)

The patient is unable to consent because \_\_\_\_\_  
(i.e. underage, etc.) I, therefore, consent for the patient.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

Relationship to patient: \_\_\_\_\_

## REVISED OSWESTRY CHRONIC LOW BACK PAIN DISABILITY QUESTIONNAIRE

NAME (Please Print): \_\_\_\_\_ DATE: \_\_\_\_\_

AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_

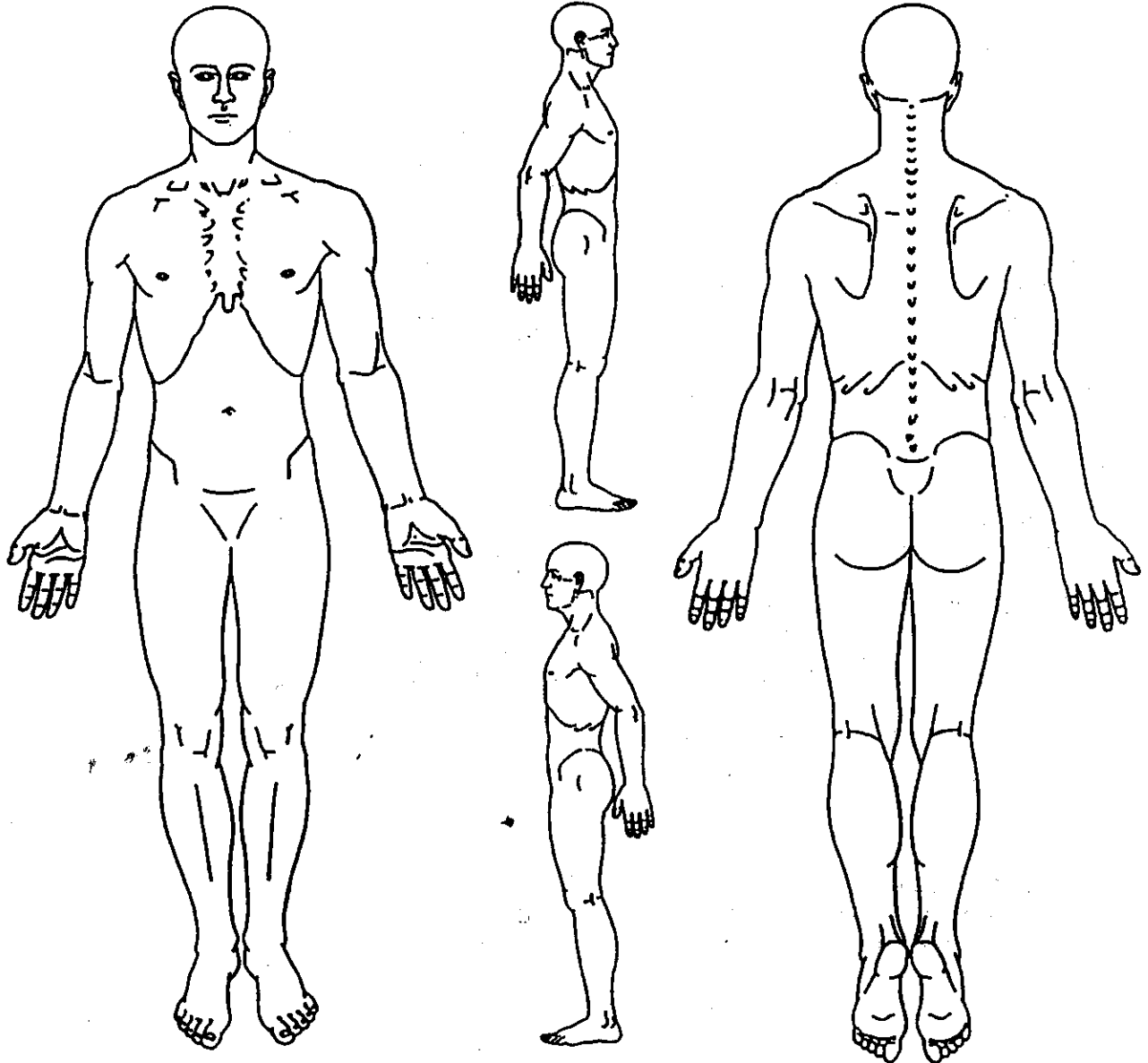
HOW LONG HAVE YOU HAD LOW BACK PAIN? \_\_\_\_\_ YEARS \_\_\_\_\_ MONTHS \_\_\_\_\_ WEEKS

IS THIS YOUR FIRST EPISODE OF LOW BACK PAIN? \_\_\_\_\_ YES \_\_\_\_\_ NO

### USE THE LETTERS BELOW TO INDICATE THE TYPE AND LOCATION OF YOUR SENSATIONS RIGHT NOW

(Please remember to complete both sides of this form.)

KEY:           A=ACHE                   B=BURNING                   N=NUMBNESS  
                  P=PINS & NEEDLES       S=STABBING                 O=OTHER



OVER PLEASE

## REVISED OSWESTRY CHRONIC LOW BACK PAIN DISABILITY QUESTIONNAIRE

**Please Read:** This questionnaire is designed to enable us to understand how much your low back pain has affected your ability to manage your everyday activities. Please answer each section by circling the **ONE CHOICE** that most applies to you. We realize that you may feel that more than one statement may relate to you, but **PLEASE JUST CIRCLE THE ONE CHOICE WHICH MOST CLOSELY DESCRIBES YOUR PROBLEM RIGHT NOW.**

### SECTION 1 -- Pain Intensity

- A The pain comes and goes and is very mild.
- B The pain is mild and does not vary much.
- C The pain comes and goes and is moderate.
- D The pain is moderate and does not vary much.
- E The pain comes and goes and is severe.
- F The pain is severe and does not vary much.

### SECTION 2 -- Personal Care

- A I would not have to change my way of washing or dressing in order to avoid pain.
- B I do not normally change my way of washing or dressing even though it causes some pain.
- C Washing and dressing increases the pain, but I manage not to change my way of doing it.
- D Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- E Because of the pain, I am unable to do some washing and dressing without help.
- F Because of the pain, I am unable to do any washing or dressing without help.

### SECTION 3 -- Lifting

- A I can lift heavy weights without extra pain.
- B I can lift heavy weights, but it causes extra pain.
- C Pain prevents me from lifting heavy weights off the floor.
- D Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g., on a table.
- E Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
- F I can only lift very light weights, at the most.

### SECTION 4 -- Walking

- A Pain does not prevent me from walking any distance.
- B Pain prevents me from walking more than one mile.
- C Pain prevents me from walking more than 1/2 mile.
- D Pain prevents me from walking more than 1/4 mile.
- E I can only walk while using a cane or on crutches.
- F I am in bed most of the time and have to crawl to the toilet.

### SECTION 5 -- Sitting

- A I can sit in any chair as long as I like without pain.
- B I can only sit in my favorite chair as long as I like.
- C Pain prevents me from sitting more than one hour.
- D Pain prevents me from sitting more than 1/2 hour.
- E Pain prevents me from sitting more than ten minutes.
- F Pain prevents me from sitting at all.

*From: N. Hudson, K. Tome-Nicholson, A. Breen; 1989*

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### SECTION 6 -- Standing

- A I can stand as long as I want without pain.
- B I have some pain while standing, but it does not increase with time.
- C I cannot stand for longer than one hour without increasing pain.
- D I cannot stand for longer than 1/2 hour without increasing pain.
- E I cannot stand for longer than ten minutes without increasing pain.
- F I avoid standing, because it increases the pain straight away.

### SECTION 7 -- Sleeping

- A I get no pain in bed.
- B I get pain in bed, but it does not prevent me from sleeping well.
- C Because of pain, my normal night's sleep is reduced by less than one-quarter.
- D Because of pain, my normal night's sleep is reduced by less than one-half.
- E Because of pain, my normal night's sleep is reduced by less than three-quarters.
- F Pain prevents me from sleeping at all.

### SECTION 8 -- Social Life

- A My social life is normal and gives me no pain.
- B My social life is normal, but increases the degree of my pain.
- C Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g., dancing, etc.
- D Pain has restricted my social life and I do not go out very often.
- E Pain has restricted my social life to my home.
- F I have hardly any social life because of the pain.

### SECTION 9 -- Traveling

- A I get no pain while traveling.
- B I get some pain while traveling, but none of my usual forms of travel make it any worse.
- C I get extra pain while traveling, but it does not compel me to seek alternative forms of travel.
- D I get extra pain while traveling which compels me to seek alternative forms of travel.
- E Pain restricts all forms of travel.
- F Pain prevents all forms of travel except that done lying down.

### SECTION 10 -- Changing Degree of Pain

- A My pain is rapidly getting better.
- B My pain fluctuates, but overall is definitely getting better.
- C My pain seems to be getting better, but improvement is slow at present.
- D My pain is neither getting better nor worse.
- E My pain is gradually worsening.
- F My pain is rapidly worsening.

Comments: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_